

Fall 2016 Baby Boot Camp
Saturday, November 5, 2016
Held at the Pawnee Head Start Center in Pawnee, Oklahoma

Baby Boot Camp is a one day workshop for young mothers who are expecting their first baby or adopting their first baby. Each young mother is welcome to bring a guest.

At the workshop, those attending will receive helpful information concerning:

- Parenting skills
- What to expect through pregnancy and the first few months after the birth of the baby
- Infant care
- Toy safety
- The importance of reading to children
- The language development of children
- Each new mother will receive a set of books including
 - The Gift of Motherhood
 - Caring for Your Baby and Young Child: Birth to Five
 - New Mother and Baby Care (guide book)
 - Christian Devotional Materials (varies from year to year)

A shortened version of Rick Warren's book "The Purpose Driven Life" is shared with the young mothers, and they are encouraged to apply this new perspective on life as they begin their journey into parenthood. Prayer and devotionals are scattered throughout the day helping each young mother understand God's love for her and for her child.

In addition to the helpful information provided by the caring volunteers who lead Baby Boot Camp, parents receive a healthy morning snack, a delicious lunch, and a baby shower at the end of the day. Churches in Cimarron Baptist Association provide baskets and door prizes for the shower plus donations to cover expenses.

Thanks to the prayers and giving of the 56 churches in Cimarron Baptist Association we have ministered over the last five years to approximately 120 young mothers.